

# The Red House



## NEWSLETTER

Volume 05 2026

By Mel Tonkins – Activity Co-Ordinator

### Hello & Welcome To The Newsletter For November

This year really is flying by, I cannot believe we are in May already. We have lots to look forward to in the coming months which I hope you will all enjoy.

At our Easter coffee morning we managed to raise an incredible £760.20p. It blows my mind every time we fundraise and how generous your friends and family are and to members of the public who always come and support us.

I would also like to take this opportunity to thank all staff who help make these events run smoothly. We couldn't do it without each other. But the biggest THANKYOU must go to the kitchen staff, especially Nicki who started work that day at 4:30am to start baking for the event and then managed to cook you all lunch too. What a super star.



Janet – 14<sup>th</sup> May

Wishing you all a very happy birthday from everyone at The Red House

The birth flowers for May are the Lily of the Valley, symbolizing purity, happiness, and humility, and the Hawthorn, representing hope, protection, and love.

May's primary birthstone is the emerald, symbolizing love, rebirth, wisdom, and growth.



Monday 4<sup>th</sup> May – (Bank holiday) Libby from Musical moments will be here at 11am in the Annie Newman room and at 2:30pm Paul Pleasants will be here to sing for us in the dining room.

Wednesday 6<sup>th</sup> May – Kerry from Gfitness will be here for our first exercise class. In the Annie Newman room at 11am. This class is low intensity but is designed to help strengthen your body to help prevent falls.

Monday 11<sup>th</sup> May – Rise will be here at 11am in the Annie Newman room. This is our seated sports.

Wednesday 20<sup>th</sup> May – Residents meeting in the Annie Newman room at 10:30am.

Saturday 30<sup>th</sup> May – It's our annual Strawberry tea. This is a garden event but can be moved indoors should we need to. it's at 2pm until 4pm. We have a live singer, raffle and crafts and of course delicious strawberries. Please invite all your friends and family. Entry fee for this will be £5pp, this will include tea/coffee, strawberries and cream and t finger sandwiches.

# SPOT THE DIFFERENCE!

Find 10 differences between the 2 pictures!



